

TEAMUP FOR TEAMMATES

SAFETY PLAN

This event will be a supported race. There will be water stations, volunteers, crews with EMT and First Responder experience, and Course Marshals for traffic support. Portable restrooms will be available near the starting area of the event for all participants.

Prior to the Event

The Event Director shall coordinate with the Zorinsky Trail Management office to obtain all necessary permits and permission needed to conduct the race. The Event Director will work with the Race Director from Peak Performance to ensure that the trail is in good shape and course conditions are suitable for the event. The Race Director will ensure the course is well marked and aid/water stations are available. The Race Director and Course Marshals will be in contact at all times using cell phones and two-way radios. The Event Director will ensure the EMT and Course Marshals are on-site before the start time of the event. The Event Director will communicate the emergency plan or medical contingencies to the volunteers and safety workers prior to the event.

During the Event

Any incident requiring medical or police response will be reported to 911. Medical emergencies will be referred to 911 and the Alegent Health Lakeside Hospital located at 16901 Lakeside Hills Ct. Omaha, NE 68130. EMTs, Volunteers, and Course Marshals will be directed to tend to minor injuries and assess the situation, all other injuries, will be directed to call 911. Event Volunteers will be placed along the complete course and will be easily identified. In addition, we will have Course Marshals at key intersections along the course. During the event, EMTs and aid stations will be in contact with the Race Director and the Course Marshals. Any participant unable to complete the course will be reported to the Race Director and assisted by a Volunteer to return safely to the starting area. The bib number of any person refusing support will be reported to the Race Director.

Post to the Event

The Event Director shall communicate to the Zorinsky Trail Management office that the race was successfully completed, that trails were left in the same condition as they were prior to the race and provide a brief summary of any incidents.

